

Dear Student,

Welcome to Trinity College Dublin. This academic year 2020/21 at Trinity is unlike all others due to COVID-19. It is our mission to ensure that your health, welfare and wellbeing are taken care of from the moment you arrive in Ireland.

Ireland has adopted the [EU traffic lights approach](#) to restricting movement on arrival to the country. Weekly maps with EU country traffic light status are [published here](#). All travellers who are **not** from a green EU country are **required to restrict their movement on arrival for 14 days**. (Please note that travellers from countries outside the EU/EEA will be treated as travellers from red/grey destinations and will therefore need to restrict their movement for 14 days.)

The only **exceptions** to the full 14 day restricted movement are as follows:

- Passengers arriving from an ‘orange’ region in the EU, who have received a negative/‘not detected’ result from a COVID-19 Polymerase Chain Reaction (PCR) test taken during the three days before departure to Ireland do not have to restrict their movements. Passengers are requested to have supporting evidence of the negative test **in their possession**.
- If you opt to take a COVID-19 Polymerase Chain Reaction (PCR) test a minimum of five days after your arrival in Ireland, and receive a ‘negative/not detected’ result, you can shorten your restricted movement. You must wait for your negative test result to be returned before ending the period of restricted movement.
 - These tests are not provided through Trinity, and cost a minimum of **€99**.
 - If you want to take a post-arrival test, you should seek an appointment as soon as possible. See here for private test providers in Dublin: <https://www.dublinairport.com/covid-19/pre-departure-covid-19-testing>
- *Note: PCR is the only test type considered acceptable by Ireland’s public health authorities in relation to international travel.*

While this may seem a very challenging way to settle into a new country, please be assured that there will be a full [orientation programme](#) in January to introduce you to Trinity and all the services provided, and details will be posted on the orientation site in the coming weeks. We will do everything we can to support you and introduce you virtually to other students, student services and general college life during this time.

This document will give you details of all that is needed prior to your departure, what you need to comply with, by when and what will be available to support you during your restricted movement period. Please find below an outline of all the information detailed in this document:

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1. Pre-Departure

ACTION 1: Complete the Trinity Arrival Coordination Form ASAP

Please complete the [Arrival Coordination Form](#) as soon as you have your flight confirmed. Trinity will coordinate arrivals for new Trinity students in order to facilitate your restricted movement, but **we cannot coordinate your arrival without this form**. Make sure to submit the form as soon as you know your flight details, but **no later than 72 hours (3 working days) before you are scheduled to arrive in Dublin**. If you are arriving into another point of entry than Dublin Airport, please indicate this on the form. We will advise of arrangements in these cases. Email international@tcd.ie with any questions. Please note: if you plan to arrive from 23 December-4 January inclusive, you need to complete the data collection form before 22 December.

ACTION 2: Complete the Trinity Pre-Departure Symptom Tracker (14 days before your flight)

All students who are travelling need to be **free of COVID-19 symptoms** for the **14 days prior to travelling**. In order to do this, we are asking you to complete the following [Pre-Departure Symptom Tracker Form](#) beginning 14 days before your flight. This form needs to be completed so that we can be alerted to any change. If you are due to travel within the next 14 days, **you must certify** that you have been symptom free for the period for which you have been able to record your symptoms on a daily basis. For example, if you are due to travel in 8 days, then you must certify through the 14-day symptom tracker that you have had no symptoms for the previous 6 days and record symptoms daily until departure.

ACTION 3: Download the COVID-19 Tracker App (pre-departure)

Ireland's Health Service Executive (HSE) has created a COVID-19 Tracker App which **we recommend that you download from the App Store** <https://covidtracker.gov.ie> pre-departure. This will allow you to log any symptoms of COVID-19 each day prior to arrival in Ireland, for the 14 days of restricted movement after arrival and for your time in Ireland. The app automatically saves your symptom history and it is useful for you as an individual to have that data if you experience a change in health status. Keeping a note of your symptoms during this time period is an essential requirement.

ACTION 4: Complete the Government COVID-19 Passenger Locator Form (pre-departure)

Before you arrive in Ireland, you will be required to complete this online government-mandated [COVID-19 Passenger Locator Form](#), as is the case for all incoming passengers. You must also have details of your arrival accommodation address in order to complete this form. **Failure to comply with this and other Government regulations could result in the issuing of penalties, including a fine of up to €2,500 or imprisonment for up to 6 months.**

ACTION 5: Immigration/Visa Letter for entering/re-entering the State (pre-departure)

All EU and non-EU new and returning international students need to present an **Immigration/Visa letter** on arrival at the point of entry.

- The letter is **available via your my.tcd.ie portal**. To access the letter, log in to the portal and click on the 'my student record tab' and you will be presented with a link to print a PDF version of the Immigration/Visa Letter.
- If you are a non-EU student, remember to reference the [Welcome Guide](#) for the list of what you need for immigration at the airport.
- If you are a visa-required student (a student who needed to apply for a visa in order to enter Ireland,) you must either have:
 - A valid visa permitting entry to Ireland if you are a new student
 - A valid IRP card to re-enter Ireland if you are a returning student
- If you have any visa application or immigration queries, please refer to the welcome guide and if any queries please contact: international@tcd.ie

ACTION 6: Confirm your arrival date with your accommodation site

If you applied for accommodation in Trinity accommodation sites, please check that the start date of your accommodation licence is in line with your travel plans. If not, and if you are arriving early, please email the relevant accommodation office below:

- Trinity Campus: [Campus Arrival Form](#)
- Trinity Hall: [Trinity Hall Arrival Form](#)
- Kavanagh Court: kavanaghcourt@unineststudents.ie
- Binary Hub: binaryhub@apartostudent.com

ACTION 7: Register for your Course/Programme (pre-departure if possible)

Log in to your portal at my.tcd.ie portal to complete your university registration and print your 'Confirmation of Registration' to bring for your arrival to Ireland.

ACTION 8: Complete online mandatory TCD COVID-19 Awareness Module (ASAP after registration)

Immediately after registration and preferably 7 days' prior to arrival, you will need to take an online mandatory [COVID-19 awareness module](#) (via Panopto) as required by national guidelines. When you finish the module, please wait until the mandatory confirmation form appears at the end of the module. The completed confirmation form is required to demonstrate that you have finished the module, and is required for our records.

ACTION 9: Preparing for Departure

- Make sure you have completed Actions 1-8 above
- Ordering Bedding and Kitchen Packs
 - If staying on campus or in Trinity Hall, see further information on pre-ordering kitchen and bedroom linen packs (this will include towels) here: <https://www.tcd.ie/accommodation/assets/pdf/kitchen-bed-pack.pdf>
 - If staying in Binary Hub or Kavanagh Court, see further information here on pre-ordering kitchen and bedroom packs: www.unikitout.com
- What to Pack
 - Please remember to bring a supply of face coverings, hand sanitizer, sufficient clean clothes (as an individual laundry service will not be provided during restricted movement (Trinity accommodation only), toiletries and any medication requirements for 14 days.
 - It is also advisable to bring at least one plug/socket adaptor (3-pin).
- Write down your accommodation address before you go so you have it on arrival.
- Save the Lynk Taxi numbers (pick-up service) to your phone: +353 1 820 2020 or +353 1 473 1122.

2. Arrival at Dublin airport and transport to accommodation

Global Relations will coordinate a complimentary taxi service for all students who complete the Trinity Data Collection Form (**Action 1**). The Driver will be affiliated with Lynk taxis and will meet you in the arrivals area of the relevant terminal holding a sign with your name on it (after Immigration and Baggage Claim). Make sure to turn on your phone when you land as the driver may call you.

Safety Advice for Arriving in Dublin

- You must wear a face covering at all times from the exit of the flight to the time of being reaching your accommodation. It is essential that you wear a face covering during any interactions with College, Residential or any service staff.
- You must also comply with all [social distancing requirements](#).

3. Accommodation and restricted movement

Restricted movement means that you must **stay indoors in your room/apartment and avoid contact with other people**. Advice on how to restrict your movements is available here from the Health Service Executive: <https://www2.hse.ie/conditions/coronavirus/managing-coronavirus-at-home/if-you-live-with-someone-who-has-coronavirus.html#restrict>.

3a. Information on Restricted Movement in all Accommodation types

Please follow specific public health guidelines as follows:

- If you are staying in a student accommodation site other than Trinity or Trinity-approved accommodation, please follow the advice on restricted movement given by your accommodation provider.
- If you are staying in private rented accommodation, you are advised to adhere to specific [public health guidelines](#).

3b. Information on Restricted Movement in Trinity and Trinity-approved accommodation

Please follow the restricted movement guidelines:

- You must adhere to the College Code of Conduct at all times as found on: <https://www.tcd.ie/Junior Dean/student-discipline/>.
- You must stay in your apartment except to take brief outdoor exercise, maintaining 2m distance from other people.
 - If in on-campus accommodation or Trinity Hall, you are not permitted to go beyond the property boundaries unless you need to pick up essential groceries, a take-away delivery, medicines, or for an essential medical appointment (including a PCR COVID-19 test.) If walking or running in the parklands of main campus or Trinity Hall, you must always maintain at least 2m distance from others.
- Unless you are in on-campus accommodation, you may not come onto Trinity's campus until your restricted movement is complete
- You may not enter any other buildings on campus or Trinity Hall during your restricted movement period
- You may not take public transport
- You may not have visitors
- You may not visit anyone outside of your apartment
- If you have access to any shared communal areas, you must only use them if there is no one else using them and you must wear a face covering at all times. If you are using shared bathroom facilities, you must clean the area before and after use. Cleaning materials will be provided for this purpose. This applies to any other shared areas such as kitchens.
- You must wear a face covering at all times when outside of your apartment (unless you are exempt from doing so due to health reasons). Time outside of your apartment should be minimal and only for exercise.
- Your specific accommodation site will provide further details on arrival.

3c. Information on Shortened Restricted Movement

If you shorten your restricted movement due to the negative PCR COVID-19 test process outlined on Page 1, you must send proof of your negative PCR test to your accommodation site and make sure to carry proof of your negative test with you.

4. Support for new Semester 2 students during restricted movement

We plan to support you with a varied online programme of activities that we have organised for you. See orientation website for information: <https://www.tcd.ie/students/orientation/visiting-exchange/january.php>.

Aside from these scheduled events, our **College Supports and Services** including Counselling, Careers and Sport are open and all have online offerings <https://www.tcd.ie/students/supports-services/covid-19-support.php>

All **undergraduate students** are allocated a **Tutor** when starting College. Your tutor is an academic staff member who looks after the general welfare of students under his/her care. You will be allocated a tutor **once you have completed your registration**. You can contact your Tutor about anything, academic or personal, and they can advise you or if needed refer you to the appropriate person. If you have any problems in contacting your Tutor please contact the Senior Tutor's office on stosec@tcd.ie.

- If you are an Erasmus student, your contact will be your Erasmus Coordinator as listed on your acceptance letter.
- If you are a non-EU visiting student (study abroad or exchange), your contact will be the Senior Tutor's office at stosec@tcd.ie

If you would like to check out other exciting things and virtually meet fellow students, you can contact the **Students' Unions** as follows and they will help you connect.

- Undergraduate Students' Union Email president@tcdsu.org
- Graduate Students' Union Email: president@tcdgsu.ie

5. Health and safety after you have arrived

All of these plans are being put in place to ensure the health and safety of our college community.

ACTION 10: Monitor your symptoms for 14 Days after arrival

Students are required to track and submit your symptoms daily for at least the first 14 days with [Trinity's Post-Arrival Symptom Tracker Form](#). You are also encouraged to use the HSE COVID-19 Tracker App (**Action 3**) every day.

Trinity COVID-19 Testing Centre

Trinity's College Health Service, in collaboration with the HSE, has set up a COVID-19 Testing Centre at House 51, adjacent to the College Health Service, for those students and staff who have COVID-19 symptoms or who are identified by Public Health as being close contacts of a positive case.

What to do if you become unwell with symptoms of Coronavirus:

- Follow HSE guidelines and self-isolate: <https://www2.hse.ie/conditions/coronavirus/self-isolation/how-to-self-isolate.html>
- Contact Trinity College Health Centre (<https://www.tcd.ie/collegehealth/>) At weekends or out of hours phone 01-8961556.
- A test for Covid-19 will be arranged if it is appropriate.
- Once you have done this you must notify your place of accommodation without delay.
 - Trinity Hall - phone 01-8968024
 - Main campus - email student.residences@tcd.ie
 - Other Trinity approved accommodation for the 14 days, please contact the College Health Centre www.tcd.ie/collegehealth, phone 01-8961591.)
- If you become aware that one of your close and recent contacts at home has been diagnosed with Covid-19 please continue to restrict your movements and contact the College Health Centre.
- If you have a positive test for Covid-19 you must self-isolate and follow HSE guidelines: <https://www2.hse.ie/conditions/coronavirus/test-results/if-you-test-positive-for-covid-19.html>
- You must notify your place of residence of your positive test.

- If your test is negative but you still have symptoms you must continue to self-isolate for 48 hours after your symptoms have all resolved. You may then return to restricted movements.
- If you become unwell with any other illnesses, please contact The College Health Centre. <https://www.tcd.ie/collegehealth/>

6. Checklist

See pages 7-8.

If you have any questions or would like any clarification on the points outlined in this letter, please contact international@tcd.ie. The Orientation website will be updated with more details about your orientation programme over the coming weeks: <https://www.tcd.ie/students/orientation/visiting-exchange/january.php>

Please also read the privacy statement available <https://www.tcd.ie/globalrelations/privacy>

All the requirements in this letter have been combined into a checklist for your convenience below. We look forward to welcoming you to Trinity, once your restricted movement is complete. Registration details will be issued from Academic Registry.

I wish you the very best in the semester ahead and hope you enjoy the academic and student experience.

Yours sincerely,



Vice President Global Relations
international@tcd.ie



We look forward to welcoming you to Trinity in Semester 2 of academic year 2020/21. At Trinity, it is our mission to ensure that your health, welfare and wellbeing are taken care of from the moment you arrive in Ireland. Below please find a step-by-step checklist which we hope you will find useful.

Before Travelling to Ireland



- 1 Complete the Trinity Arrival Coordination Form. [Click link](#)
You must complete this step now, even if you have previously provided your travel information.
Without this step your free taxi to your accommodation cannot be facilitated
- 2 Track your symptoms daily for 14 days before you fly to Ireland [Click link](#)
- 3 Download HSE COVID-19 tracker app for Ireland [Click link](#)
- 4 Complete the online Passenger Locator Form [Click link](#)
- 5 Ensure that you have received your visa [Click link](#)
If you are from a visa-required country
Print your immigration letter [Click link](#)
Required for all EU and Non-EU new & returning students
- 6 Complete university registration and print your 'Confirmation of Registration' [Click link](#)
- 7 Complete the mandatory essential COVID-19 induction online and confirm completion of the module using the questions at the end. [Click link](#)
- 8 Confirm your arrival date with Trinity accommodation [See letter for contact details](#)

On Arrival in Ireland



- 9 Meet Lynk Taxis at the airport for the journey to your accommodation site [Click link](#)
- 10 Restrict your movements on arrival in Ireland [Click link](#)
- 11 Track your symptoms for at least the first 14 days with the daily health check form [Click link](#)
- 12 Enjoy Trinity

Contact us

We are here to help. Please contact us if you have any questions.

For general queries:

Global Relations

E: international@tcd.ie

www.tcd.ie/about/coronavirus

www.tcd.ie/study/FAQ

For admissions queries:

Academic Registry

E: academic.registry@tcd.ie

www.tcd.ie/academicregistry

For undergraduate student queries:

Students' Union

E: president@tcdsu.org

www.tcdsu.org

For postgraduate student queries:

Graduate Students' Union

E: president@tcdgsu.ie

www.tcdgsu.ie

Stay Connected and Contact us

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